



Michael Lewis Training, Motivation and Development

Our Motivational Presentations

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Thank-you!

Here are some of our most motivational presentations and seminars. Perfect for meetings when you are looking to send a message or set a tone, motivational presentations are designed to uplift, challenge, and inspire people to look within and examine personal change and improvement.

More information is available at

www.michaellowistraining.ca

Another Bad Hair Day: How to Roll with Life's Ups and Downs and Come out a Success!

This motivational presentation is guaranteed to get you to stop thinking about all the excuses you use to defer you from your happiness and success and inspire you to live well now! Life is a finite experience and we all have only so much energy and time so what are you waiting for?

STOP That Stinkin' Thinkin'!

This upbeat and motivational presentation makes the argument that we are our own guardians of good thinking and a positive life. We are the sum and quality of our thoughts, and a happier, more productive, and optimistic life begins in thinking thoughts that take us forward. We can choose how we interpret our challenges and the consequent way we communicate to ourselves.

T.E.A.M. Together Everyone Achieves More!

Coming together is a beginning, staying together is progress, working together is a success!
Collaboration and the spirit of working together is the driving force behind successful people inside successful organizations. This motivational and insightful workshop explores the art and science of collaborative effort, its benefits and how to perpetuate future success.

Privilege of Leadership: How to Inspire the Best in Others!

Great leadership makes all the difference in ensuring that your team brings their best to work every day. Simply put, you need your team to work well together and towards the goals that you as a leader place in front of them. Learn how to be the leader that you need to be so that you can ensure a positive, productive workplace. In public settings, it is important even critical that as a leader you ensure your team works for the benefit of your agency. Challenging workplaces require a higher standard of leadership and one that works effectively in times of crisis or at times when you need everyone to raise their game.

You Don't Need a Title to Be a Leader!

What makes someone a leader? Is it a title? Is it that they have a corner office?
Discover how you can be a real difference maker and an "uplifter" in your workplace. Learn to be that "someone," everyone appreciates. Learn what a real leader can really do and how they can shape outlooks and make lasting impressions. Your reward...you might just find just how much more valued and appreciated you can be to others be at work!

If It's to Be, It's Up to Me!

Simply put, you can do a lot and be an enormous influence on your own productivity and personal happiness. This workshop looks at personal empowerment, being more reliant on your own sense of accomplishment and being accountable for your own excellence.

How to Motivate Yourself to Stay Positive, Focused and Energized!

This is a presentation that suggests we have to develop our own personal life and work strategies to remain motivated, positive, and focused usually through difficult or challenging times. Throughout life, we will encounter those who seem empowered to stay motivated and focused as they move through various challenges personally and professionally. What they know and what we need to discover is that their strategies for being positive, focused, and energized...is a simple formula based on choice and disciplined thought. In this workshop, you discover the power of creating empowering beliefs through self-coaching, how to grow a success mentality, use creative visualization and ...plus much more.

How to Be a Better Version of Yourself!

Is there a better version of you somewhere inside, currently suppressed and waiting to be released? All through our lives we have come to see ourselves as we are but the road to a better self begins in reflection, acceptance, vision, achievement, and ambition! Your better self awaits!

Change your Life with Transformational Goals!

The purpose of life is to find and have a life of purpose. Prioritizing your life often leads us to decide on worthwhile pursuits and that means having goals. Discover how to set and achieve your goals but also embracing goals that have the power and potential to transform your life!

How to Run Your OWN Race!

The only person who can run their own race in life is you. This motivational presentation makes the argument for being a strong, independent, and confident person, who through well considered choices, decisive action and an undaunted spirit can make their own path in life. It's also about how a strong individual is so needed and so much part of strong families, strong organizations, and strong communities!

Owning Tomorrow!

As hard and determined as you can work today, you can't change the results and consequences of yesterday...but you CAN embrace the day and learn to know it as the first day to a better tomorrow. This presentation optimistically speaks to experience that lies in learning from past lessons and paints a road map of how to own your tomorrow by carefully planning and executing your life today!

“One of Those Days...”

How often have you started a sentence with words like this? This snappy presentation uncovers the mysteries of procrastination and then provides potent solutions and good advice to overcome this time wasting, unproductive, life-stealing habit!

Our Fees

Each fee for presentation / seminar / workshop considers the following criteria...

- ... Amount of required research, development of materials and preparation time
- ... The number of participants expected to be in attendance.
- ... The needs of the client and learning dynamic of the audience
- ... The size and number of handouts (if required or requested)
- ... Travel and accommodation expenses (if applicable)
- ... Additional customization of presentation or inclusion if requested.
- ... The financial constraints and budgetary considerations of the client
- ... *Any extraordinary winter or seasonal travel demands.*

So, there is a lot to consider...

Please contact us for a quote.

** Fees subject to travel and HST.*

Our Travel / Mileage Policy

Our rate for travel will is **0.60 / km**.

This travel rate will be in effect subject to change and periodic review.

Clients may be expected to arrange travel and accommodations for some engagements.

FINAL NOTE:

These fees are just **guidelines** to assist the client in estimating the budgeting for your speaking and training needs. For smaller non-profits and charities, we have willingly negotiated **an honorarium** that is specifically affordable to their needs and ability to pay.

Visit our website for even more suggestions for presentations!

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