



Michael Lewis Training, Motivation and Development

Our Guide to Virtual Coaching (Professional / Teams)

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Thank-you!

The world changes and so do we. More than ever, it makes sense to utilize technology to converse, problem solve and through conversation, gain fresh solutions and even a course of action, effectively and effectively. Whether one-on-one or to a small group, virtual coaching is the new rapid knowledge exchange. Unlike training that covers a lot of content, virtual coaching targets a specific issue, challenge or needed skill.

Professional Coaching

Through on-line platforms such as ZOOM, we'll schedule a meeting where you can connect with us to have a conversation on a personal or professional challenge you are currently facing...and would love to get some objective advice on what to do and how to move forward.

Perhaps you are a manager or supervisor who needs some leadership advice?
Perhaps you are new to your role and just need some useful tips and advice to succeed?

With almost three decades of training experience, we can cover an enormous range of topics and provide solutions and insights on how to get past and over all kinds of problems and challenges people and teams face every day.

Benefits of Virtual Coaching

Efficient! – In a brief period of time we can determine the root of a problem or challenge. The solution might be discovered through traditional training, but through virtual coaching, you get the solutions and a plan of action now!

Saves Time! – If you are really busy, you might only be able to spare 15 – 20 minutes. In the time it takes to have a break, you can get a solution to that problem. Quick turnaround time...means you can execute your solution immediately.

One or More Sessions? – You can determine if you want or need to be in contact again. Some problems might benefit from follow-up sessions and that is easy to schedule through virtual coaching.

Good for One-On-One or Small Groups – Virtual Coaching can work one-on-one or with a small group of 2 – 3 people.

Cost Effective! – Why pay for a seminar or workshops, when all you have is one problem that needs a solution.



How Do We Maximize Coaching Value?

We ask that you connect in advance through the contact form and briefly share with us what areas you'd like to discuss. We review your interests and will get back to you as soon as possible to indicate if we can discuss solutions and then set-up a time to connect. It's just that easy!

How Do We Deliver Virtual Coaching?

As mentioned, we'll schedule and connect on-line likely through a ZOOM video conference at a mutually predetermined time. We can chat face-to-face for 15 minutes or so and outline solutions and a possible plan of action that you can execute.

How Much Does It Cost?

Negotiable. We see this service as a new and added service to the primary work that we do so we are very flexible in collaborating with you to make this happen. Reach out to us, let us know how we can help, and we're sure that we can work out an affordable solution.

Our Contact Information

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***If you do what you've always done, you'll get what you've always gotten!
If you think what you've always thought, you'll get what you've always got!***