



Michael Lewis Training, Motivation and Development

Our Guide to Virtual Coaching (Personal)

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Thank-you!

The world changes and so do we. More than ever, it makes sense to utilize technology to converse, problem solve and through conversation, gain fresh solutions and even a course of action, effectively and effectively. Whether one-on-one or to a small group, virtual coaching is the new rapid knowledge exchange. Unlike training that covers a lot of content, virtual coaching targets a specific issue, challenge or needed skill.

Personal Coaching

Through on-line platforms such as ZOOM, we'll schedule a meeting where you can connect with us to have a conversation on a personal or professional challenge you are currently facing...and would love to get some objective advice on what to do and how to move forward.

Perhaps you are having trouble making decisions, setting personal goals, breaking through communication barriers, experiencing a lack of assertiveness, feeling bullied, ethical, and or / moral dilemmas, feelings around a lack of self-esteem, struggling at work...etc.

In fact, any number of topics. Anything you need help with, and advice provides to inspire new change at work or in your life.

Through virtual coaching, we become the experienced, trusted resource who can objectively and without judgement help you move forward and take the next step towards success.

How Do We Maximize Coaching Value?

We ask that you connect in advance through the contact form and briefly share with us what areas you'd like to discuss. We review your interests and will get back to you as soon as possible to indicate if we can discuss solutions and then set-up a time to connect. It's just that easy!

How Do We Deliver Virtual Coaching?

As mentioned, we'll schedule and connect on-line likely through a ZOOM video conference at a mutually predetermined time. We can chat face-to-face for 15 minutes or so to outline solutions and a possible plan of action that you can execute.

How Much Does It Cost?

Negotiable. We see this service as a new and added service to the primary work that we do so we are very flexible in collaborating with you to make this happen. Reach out to us, let us know how we can help, and we're sure that we can work out an affordable solution.

Our Contact Information

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***If you do what you've always done, you'll get what you've always gotten!
If you think what you've always thought, you'll get what you've always got!***