



Michael Lewis Training, Motivation and Development

Our Conference Package

www.michaellowistraining.ca

E-mail: info@michaellowistraining.com



Thank-you!

Since 1994, we have been honoured to have spoken at and / or presented sessions at countless conferences.

From motivational and uplifting keynote addresses to start or end your conference or meeting on the right note to presenting seminars and workshops at break out -sessions, we have the best and most comprehensive list of ready-to-present presentations and seminars of any speaker in Canada.

More information is available at

www.michaellowistraining.ca

Presentations (45 - 60 – 90 minutes)

Another Bad Hair Day: How to Roll with Life's Ups and Downs and Come out a Success!

It's not what happens in life, it HOW you choose to respond that defines you and the situation you are in. This motivational presentation is about choices and having faith in yourself and in others that even if everything looks like a big unwelcome challenge...you will come out of this stronger and wiser.

STOP That Stinkin' Thinkin'!

This upbeat and motivational presentation makes the argument that we are our own guardians of good thinking and a positive life. We are the sum and quality of our thoughts, and a happier, more productive, and optimistic life begins in thinking thoughts that take us forward. We can choose how we interpret our challenges and the consequent way we communicate to ourselves.

"...And Other Duties as Assigned!"

It's not how many years we live ...but the life we put into our years. All too often we are called on to wear many hats and fulfill many new responsibilities professionally at work and in our own private lives with our friends and family. This motivational and often humorous seminar presents a wide palette of practical time/ life management solutions, insights on effective living and "food for thought" as we tackle our increasingly more complex lives.

Laughing at Stress: Humour in Times of Change!

The only constant...is constant change. How we respond to change, and stress is a personal choice when operating and managing your personal and professional life. Keeping your sense of humour and adopting some simple philosophical perspectives might be the healthiest approach to dealing effectively with stress and change.

Jumping OFF of The Treadmill: Life Changing Choices You Can Make!

The adage that "we work to live and not live to work" seemingly is lost on a world where more and more of us are so busy that life seems like an endless treadmill. At some point in life, everyone starts to examine one's lifestyle and to realize that there have been better choices ahead of us. This presentation presents a selection of choices to consider should you wish to jump off your "treadmill."

Change Is Inevitable: How to Think and Work Your Way Through Change!

This is A GREAT presentation for any group or team that is facing fast paced change and desires practical insights in coping with change. It provides opportunities for table-talk discussion and wisdom sharing as we examine solutions to make the best out of a changing workplace environment or lifestyle.

Owning Your Job: The Path to Greater Personal Engagement and Happiness at Work!

It's not the job, it's how you choose to examine it and the choices you and your co-workers can make today that makes ALL the difference. Change your point of view; change your approach to your job and life!

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Dealing with Difficult People!

A mountain can't get any bigger, but we can. We can learn how to scale and conquer our people mountains. Throughout your personal and professional life, we will all have to deal at some time with difficult and challenging people and personalities. This inspiring and often humorous presentation presents seven very basic and common-sense solutions to enact when you find yourself having to go "toe to toe" with that difficult person.

Believe and Succeed: How Faith Shapes Our Destiny!

It often takes a leap of faith to commit and believe in someone or something. This powerful presentation discusses the power of believing and faith before seeing the results and outcomes. We all achieve success if we keep a positive outlook in front of us. We succeed when we put structure into planning and realize the power of taking timely action. Finally, all belief and faith is reinforced by encouragement and verbal support.

How to Be a Better Version of Yourself!

Is there a better version of you somewhere inside, currently suppressed and waiting to be released? All through our lives we have come to see ourselves as we are but the road to a better self begins in reflection, acceptance, vision, achievement, and ambition! Your better self awaits!

Change your Life with Transformational Goals!

The purpose of life is to find and have a life of purpose. Prioritizing your life often leads us to decide on worthwhile pursuits and that means having goals. Discover how to set and achieve your goals but also embracing goals that have the power and potential to transform your life!

Popular Seminars / Break-Out Sessions (45- 90min)

Inspired Leadership: Motivating Your Team to Bring Their Best to Work!

Leaders that inspire us to be our best are leaders that earn profound respect and trust. As a leader, what a wonderful opportunity it is for you to be such a positive and supportive influence on others. This motivational seminar will fire you up with a new enthusiasm to look and find the best each team member. Discover how to motivate your team with the power of genuine and targeted praise. Empower them to utilize their personal strengths. Coach and mentor them on areas in which they can build new skills and abilities. Partner them up with other team members that can provide positive support. Learn how delegation empowers your staff and frees you to really focus on more important leadership activities. Become an agent for improving morale and service within your team.

Respectful Communication: Strengthening Workplace Relationships!

Discover the importance of respect as it applies to workplace communication. Learn how to ensure communication that is respectful to feelings of others. We'll discuss how to communicate with parents/ children with an emphasis on listening and interpreting and developing and improving team-based communication.

Leading Effective Meetings

Discover how to organize and conduct efficient and productive meetings in this comprehensive workshop. Learn how to map out and build an agenda. Ensure effective, balanced group communication and comprehension. Be an effective meeting Chair and facilitate with confidence and great preparation. Design action minutes and improve your meetings with constructive feedback. In short, make your meetings work and make every meeting a mutually collaborative process that motivates and inspires action with effective communication.

Workplace Personalities and How to Work with Them!

We live in a unique world, and we bring our unique perspectives, lifetime experiences, emotional developments, and societal / familiar backgrounds to our work. This session will help you examine the core different human personalities so that you have a better handle on how to work and communicate with those with whom you work and to whom you report.

The Art of Delegation: How to Delegate Responsibility with Respect

Delegation is a critical leadership skill and one that cannot be ignored. To delegate responsibility with respect builds great people and great teams. In this workshop we will define what delegation really means and how it frees managers to manage and empowers staff with valuable workplace skills. We'll examine the appropriate attitude and approach to delegating and how to ensure we clearly define the tasks required.

Twelve Common Monkeys of Life and Work and How to Get Them off Your Back!

In this motivational presentation, we will explore how to tame twelve common "monkeys" or typical life and work challenges that all have some influence on us from time to time. We'll explore the monkeys of self-doubt, procrastination, personal productivity, getting and staying organized, attitude, interpersonal communication, stress, difficult people / circumstances, worry, the future and change...plus much more. This will be a great session if you know your "monkey" or "monkeys" in life and would like to get them off your back once and for all.

The Communication “Toolbox”: Strategies for Communicating Effectively, Assertively and Clearly!

There can be no doubt how counterproductive miscommunication and misunderstandings can cost us both personally and professionally. Discover common sense solutions to ensuring you minimize typical communication problems and build the basis of better interpersonal communication. This comprehensive look at interpersonal communication will inspire you to assess your effectiveness as a communicator and have you applying the valuable tips and techniques right away!

Privilege of Leadership: How to Inspire the Best in Others!

Great leadership makes all the difference in ensuring that your team brings their best to work every day. Simply put, you need your team to work well together and towards the goals that you as leader place in front of them. Learn how to be the leader that you need to be so that you can ensure a positive workplace.

This workshop covers a wide range of essential leadership tools that every leader needs to use to succeed. We'll explore tools for building morale, resolving conflicts, improving productivity, raising business standards, coaching the ABC model, mentoring, leading staff, and personal meetings, and addressing and correcting behavioral challenges.

Achieving Balance: Achieving a Work / Life Balance!

Balancing a busy personal, professional, and family life is never easy, but certainly a worthwhile endeavor. Life brings us all daily challenges, but it is HOW WE CHOOSE to address each of these challenges that defines us and who we are. Whatever we do, we wish to ensure a healthy life, healthy relationships, and an empowered sense of being. Join us for this uplifting, positive, solutions-oriented presentation where we'll explore some common-sense strategies that you can use today to achieve a better life balance...a healthy balance between work and having a life.

Inspired Leadership: Motivating Your Team to Bring Their Best to Work!

Discover how to motivate your team with the power of genuine and targeted praise. Empower your team members to utilize their personal strengths. Coach and mentor, your team on areas in which they can build new skills and abilities. Strategically partner team members with other team members that can provide positive support. Learn how delegation empowers your staff and frees you to really focus on more important leadership activities. Become an agent for improving morale and service within your team.

Ten Speaking Skills for Effective Presentations!

Your professional career presents numerous challenges that you must rise to and demonstrate to clients and your peers that can if asked – deliver the goods. Making an effective presentation, being persuasive in a group setting, making, and presenting a proposal requires specific skills. This compact seminar is designed to outline ten effective communication skills that can and will make all difference when you make that next big presentation.



Our Fees

Each fee for presentation / seminar / workshop considers the following criteria...

- ... Amount of required research, development of materials and preparation time
- ... The number of participants expected to be in attendance.
- ... The needs of the client and learning dynamic of the audience
- ... The size and number of handouts (if required or requested)
- ... Travel and accommodation expenses (if applicable)
- ... Additional customization of presentation or inclusion if requested.
- ... The financial constraints and budgetary considerations of the client
- ... *Any extraordinary winter or seasonal travel demands.*

So, there is a lot to consider...

Please contact us for a quote.

** Fees subject to travel and HST.*

Our Travel / Mileage Policy

Our rate for travel will is **0.60 / km**.

This travel rate will be in effect subject to change and periodic review.

Clients may be expected to arrange travel and accommodations for some engagements.

FINAL NOTE:

These fees are just **guidelines** to assist the client in estimating the budgeting for your speaking and training needs. For smaller non-profits and charities, we have willingly negotiated **an honorarium** that is specifically affordable to their needs and ability to pay.

Our Contact Information

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*If you do what you've always done, you'll get what you've always gotten!
If you think what you've always thought, you'll get what you've always got!*

